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Pep lijnders book review

Pepijn Lijnders defends releasing 'Intensity: Inside Liverpool' book Pepijn Lijnders has pushed back against criticism from those who say his release of a book about Liverpool's tactics was inappropriate while still working as the club's assistant coach. Liverpool FC's rollercoaster season in 2021-2022 was marked by numerous records broken and a shot at the quadruple. The team played all available 63 matches across four tournaments: the Premier League, Champions League, FA Cup, and Carabao Cup. Although they ultimately won only two of these trophies, their performance was historic. The behind-the-scenes story of that season is told through "This Is How It Works," a sporting diary written by Pep Lijnders, Jürgen Klopp's assistant manager. The book is divided into 44 chapters, each representing a match week or off-match period. Lijnders shares insights on the team's successes and failures, including their tactics and the role of backroom staff in making things happen. He also touches on the development of players and the club culture. However, readers without prior knowledge of Liverpool FC may find the book confusing due to its assumption of familiarity with the team and its players. For fans who do know the team, "This Is How It Works" is a nostalgic look at that season's events, but now with an added perspective from inside the management. The book reveals day-to-day operations and what people within the club were thinking during that time. Some readers may wonder if revealing all this information was wise, as it could give opponents valuable insights into Liverpool's strategy and tactics. The very essence of Jürgen Klopp's Liverpool era, peppered with insightful quotes that transcend football and apply to life. Let me share some personal favorites: "Your inner voice is shaped by how you speak to your players." Dominate the midfield, and you'll dominate the game. Talents need guidance, not criticism. Our attacking strategy involves triangles, but we also defend as a triangle. When chasing opponents, they'll always run away; offer what they want, and they'll come to you. Smile, and the game will smile back at you. Losing on the scoreboard is inevitable, but don't let it define who you are. Our players must react quickly to defense and create chaos when losing possession. To summarize Jürgen's football philosophy in one sentence: Apply pressure everywhere, unpredictably, and with high intensity. Training is about solving problems and persisting until everyone understands the solution. A player doesn't care how much you know until they see how much you care. A good team solves problems; a top team avoids them. You don't prepare for finals by the deadline – it's a long journey. The brain beats the muscle, but the heart beats the brain. We'll repeat drills until we're exhausted. The world isn't full of winners; it's full of those who try. If you stay focused and keep going, you'll reap the rewards. Without clarity, there's no consistency. Combining a German who admires Sacchi with a Dutchman who admires Cruyff creates something special! Pep Lijnders reflects on the book that chronicles Liverpool's remarkable season in 2021/22, which saw the team become the first English side to play all games possible. The story reveals the team's struggles, including their near miss at winning the title and falling short against Manchester City and Real Madrid. Klopp praises Lijnders' character and believes the book will give fans a deeper understanding of the team's behind-the-scenes secrets. Cup clash with Derby County. A Cup match is always a significant game, but Pep Lijnders believes that once he had finished writing his account of the 2021/22 season, it was "done" and he couldn't add anything more to say about it. He thinks that there's no need to write about a new season, as every year brings its own set of problems. However, Pep hopes that people will still enjoy reading his book because he gets positive reactions from fans who have read the inside information about Liverpool FC. Pep is proud to be associated with a club that has produced so much good football and wants to express his admiration for the team, the fans, and the city of Liverpool. Reading Pep Lijnders' behind-the-scenes account of Liverpool's 2021/22 season, it feels like a collection of events without a clear theme. The writing is basic, and Pep should consider sticking to coaching instead of writing. The book raises questions about the club's secrets being shared, with some passages giving away strategies that could be used by opposition teams. It also contains management speak and doesn't convey the intensity needed for success this year. However, the insight into data, stats, and tactics is fascinating, particularly in comparison to Liverpool's 2021/22 season. The book offers valuable lessons for coaches. The author provides a detailed look at Jürgen Klopp's gegenpressing tactics, which contributed to Liverpool's incredible performance that season. Despite winning some trophies, the team came close to achieving quadruple but fell short in the Premier League. The book delves into the behind-the-scenes story of that season, covering 44 chapters and exploring what worked well and what didn't. It also touches on the role of the backroom staff, player development, and fan culture. While written with an assumption of prior knowledge about the club, the book is still enjoyable for those familiar with Liverpool's history. For new readers, it might take some time to get into the flow. However, the author's perspective offers a unique glimpse into the club's day-to-day operations and atmosphere, making it feel like a codified version of nostalgia. Despite this, the book raises questions about whether its release could have contributed to Liverpool's poor performance in the following season. A detailed game plan complete with tactical reasoning behind it is required to perfect a strategy in opposition. The book reads like a mix of “wow” and “oh my!” moments as it delves into the world of Jürgen Klopp's Liverpool era. Pep Guardiola's thoughts on sayings such as "the way you speak to your players becomes their inner voice" bring home valuable lessons for both football and life. Some notable quotes include: - Dominating midfield leads to dominating the game. - Talents need role models, not criticism. - Playing with triangles is key, whether attacking or defending. - Having what players want makes them more likely to join you. - Smiling makes the game smile too. - Losing yourself doesn't mean losing on the scoreboard. - Reacting quickly and creating confusion when losing the ball are crucial. - Giving pressure everywhere at high intensity makes all the difference. - Training is about finding solutions, not just explaining problems. - Caring about players shows you truly know them. - A good team avoids problems, a top team solves them. - Preparation is key for finals, but it's a journey, not a destination. - The heart beats the brain, and consistency comes from staying on track. The book may be dull at times, lacking in-depth insights, but Pep Guardiola's enthusiasm shines through. It's an entertaining read, especially for football fans. Jürgen's Football Fundamentals and Pep's Insights: A Mixed Review I found the book to be disappointing, with some sections lacking depth and organization. Understanding the basics of Jürgen's tactics, such as pressing and counterpressing, was a positive aspect, but the lack of clarity on certain aspects like recruitment and coaching interactions hindered my understanding. The writing style also left much to be desired, with Pep not being a strong writer and his co-author failing to improve readability. The book's structure, which was written week by week, showed promise but ultimately resulted in a disjointed narrative. Random quotes from Jürgen or other staff members added little value and often felt like clichés. Despite these issues, I did gain some new insights into Pep's approach to the game and the club's culture. The book provided a unique perspective on the 2021/2022 season, highlighting the importance of analytics and detailed tactics in preparation. As someone working in Learning and Development, I found the leadership approaches discussed in the book to be particularly interesting and applicable. However, with Pep set to leave Liverpool soon, it's clear that his departure will have a significant impact on the club. The book served as a nostalgic reminder of his achievements and contributions to the team, and I wish him all the best in his future endeavors. This book offers a candid look at life under Pep Guardiola as the assistant coach to Jürgen Klopp and Manchester City's manager. The author shares his personal perspective on the team's successes and setbacks, providing an intimate glimpse into the world of modern football. With a focus on behind-the-scenes stories and anecdotes, the book is a must-read for Liverpool fans and football enthusiasts in general. The book is a thrilling account of the team's experiences. I thoroughly enjoyed it, particularly the banter between players and the final chapter about the end of the season and the amazing parade. It's clear that Ljinders is deeply passionate about Liverpool and loves the club, but at times this was like reading a repetitive coaching encyclopedia filled with management-speak - making it a nauseating read. However, its insightful tactical elements prevent it from being rated lower. Another reader found the book strange, enjoying only the anecdotes about the interior lives of the coaching staff, while others felt it was mostly platitudes without incisive conclusions or penetrating coaching points. Still, they found it interesting, albeit surface-level. Some readers appreciated the diary-like quality of the book, finding it meaningful to those involved with the team, but for outsiders, it's just a collection of events with no clear theme. The writing is repetitive, with little new insight shared, leaving some feeling disappointed. Others praised the book, calling it a masterpiece for football enthusiasts who are inside the training process and daily life in this amazing sport. It's a must-read for those who love the game. However, some readers were not impressed, finding the book repetitive and becoming quite a chore to finish. They sadly DNFed it. The author, Pep Ljinders, explains that Intensity is a tribute to the team, as well as an inspiration to those who love football. He hopes it gives them real insight into how special Liverpool FC is, but also how special this period is. The format is week by week, game by game through the whole season, telling the story of what happened before, during, and after from their perspective in real-time. We needed a fresh start in the League qualification season. I felt like this could be our make-or-break period, where you feel that now is or never. Adversity can create a new beginning, and for us, it happened during the last pre-season. The media were predicting our fate based on not signing anyone except Ibou, but I was confident after our practice sessions. The 28 days away gave me hope. The writing process was like a diary. I wrote every day, summarizing each game and sharing them with James or discussing them in person when we met at the AXA Training Centre or Titanic Hotel. He would then edit, adjust, and complete my work. I wrote everywhere – on planes, kitchen tables, desks, during team meetings, even in the dressing room. This process helped me organize my thoughts, providing a clear overview of our season. I learned that it only works when you're disciplined, with no moment left unrecorded. As time passed, this system became second nature. Writing about this season is certainly interesting. I'm curious to see how readers will relive the experience and feel prouder of LFC after reading it. One challenge was not knowing how our journey would end while writing it. However, one thing's for certain: we didn't alter or add anything to the story.